

Brunswick County Senior Games OFFICIAL ENTRY FORM

ALL BLANKS MUST BE COMPLETED ON OFFICIAL ENTRY FORM

Last Name: _____ First Name: _____ MI: _____ Gender: Male _____ Female _____

Address: _____ City: _____ State: _____ Zip: _____

County: _____ Phone Number: _____ Email Address: _____

Emergency Contact: _____ Phone: _____

Date of Birth: _____ Age (as of 8/01/05): _____ Tee Shirt Size: (Circle) **Sm M L XL 2XL**
(1 tee shirt included with entry)

Are you interested in volunteering with Brunswick Co Gator Sr. Games? YES (please contact me) _____

MEDICAL INFORMATION

ALL ATHLETIC AND SILVERARTS PARTICIPANTS MUST READ AND COMPLETE THE FOLLOWING:

The staff and volunteers of Brunswick County Senior Games are committed to creating a healthy and safe environment for all participants and spectators. We request that every participant consult his/her doctor in regard to preparation for, and in competition of Senior Games or any similar activity. Please inform Brunswick County Senior Games at the time of the Games of any changes in your medication or health status.

Name of Physician: _____ Phone #: _____

1. Do you have: Hearing Problems? ____ Vision Problems? ____
2. Do you wear: Hearing Aid? ____ Glasses? ____ Contacts? ____
3. Names of medications you currently take: _____

4. Specific medical conditions you have and/or are being treated for: _____

5. Allergies: _____

Please provide this info for us. It will be kept CONFIDENTIAL. Thank you!

My ethnicity: ____ African American; ____ Hispanic; ____ White; ____ Other

My annual household income is less than \$11,000 (1 person in household) ____ Yes

My annual household income is less than \$16,000 (2 people in household) ____ Yes



Brunswick County Senior Games

OFFICIAL ENTRY FORM

Registration Fees

Entry fee includes: participation in SilverArts and Athletic Events, 1 tee shirt,
Opening Ceremonies lunch, Celebration Lunch & Medals Ceremony

Entry Fee: \$8.00 (postmarked by March 5, 2006)..... \$ 8.00 _____
Are you entered in 10 or more SilverArts?..... # of Extra entries ____ X \$ 1.00 _____
Bowling Fee: per event (includes shoes and games).....# of Events ____X \$ 5.00 _____
Golf Fee: (includes cart and green fees)..... \$25.00 _____
Do you want to purchase any additional tee shirts?..... # of Extra shirts ____X \$10.00 _____
Sm__ M__ L__ XL__ 2XL__
TOTAL AMOUNT ENCLOSED _____

Make checks payable to: **Brunswick County Senior Games**

Registration Deadline: March 5, 2006

NO REGISTRATIONS WILL BE ACCEPTED AFTER 3/5/06.

NO REFUNDS PERMITTED AFTER APRIL 1, 2006.

Submit OFFICIAL ENTRY FORM, including Athletic and SilverArts registration forms (printed on yellow paper), with your check or money order to:

**Brunswick County Senior Games
PO Box 249
Bolivia, NC 28422**

Waiver & Release of Liability **(MUST be signed to participate)**

I, the undersigned participant, do hereby release, absolve, indemnify and hold harmless, the Brunswick County Senior Games, coordinating agencies, sponsors, agents, employees and any other affiliate of the Games from any and all actions, causes of actions, or claims of whatsoever kind or nature which I may have as a result of any injury arising out of my participation in Brunswick County Senior Games. I, further authorize BCSG to seek medical attention, on my behalf, should an incident occur.

I understand that it is my responsibility to check with my Local Senior Games Coordinator immediately following my Local Senior Games to determine if I qualified for State Finals and to get a State Finals Entry Packet. The State Finals Entry Form must be received in the NCSG office in Raleigh by 5:00 p.m. on August 1, 2006! I understand that this deadline is strictly enforced in fairness to all.

PRINT NAME

SIGNATURE

DATE

Brunswick County Senior Games

OFFICIAL ENTRY FORM

Athletic Events

NAME: _____

Please indicate the events in which you would like to participate. Refer to event schedule (included in Schedule of Events) for dates, time and event sites.

Individual Sports

- ☐ Basketball Shooting
- ☐ Football Throw
- ☐ Spin Casting
- ☐ Softball Throw
- ☐ SilverStriders Fun Walk
- ☐ Golf (see Athletic Events Information sheet)

Bowling

- ☐ Singles
- ☐ Doubles: Partner/Age*
_____/____
- ☐ Mixed Doubles:
Partner/Age*
_____/____

Swimming (limit of 5)

- ☐ 50 Backstroke
- ☐ 50 Breaststroke
- ☐ 50 Butterfly
- ☐ 50 Freestyle
- ☐ 100 Backstroke
- ☐ 100 Breaststroke
- ☐ 100 Butterfly
- ☐ 100 Freestyle
- ☐ 100 Ind. Medley
- ☐ 200 Backstroke
- ☐ 200 Breaststroke
- ☐ 200 Butterfly
- ☐ 200 Freestyle
- ☐ 200 Ind. Medley
- ☐ 500 Freestyle

Softball Tournament

- ☐ Softball Team

Team Captain _____

(Team Captain is responsible for attaching team list)

Table Tennis

- ☐ Singles
- ☐ Doubles: Partner/Age*
_____/____
- ☐ Mixed Doubles:
Partner/Age*
_____/____

Basketball Tournament (attach team list)

- ☐ Basketball Team

Team Captain _____

Tennis

- ☐ Singles
- ☐ Doubles: Partner/Age*
_____/____
- ☐ Mixed doubles:
Partner/Age*
_____/____

Track & Field Events

- ☐ 100 Meter Dash
- ☐ 200 Meter Dash
- ☐ 400 Meter Dash
- ☐ 800 Meter Run
- ☐ 1500 Meter Run
- ☐ 5K Run

Tournament Events

- ☐ Billiards
- ☐ Bocce
- ☐ Croquet
- ☐ Horseshoes
- ☐ Shuffleboard

- ☐ Running Long Jump
- ☐ Standing Long Jump
- ☐ Discus
- ☐ Shot Put

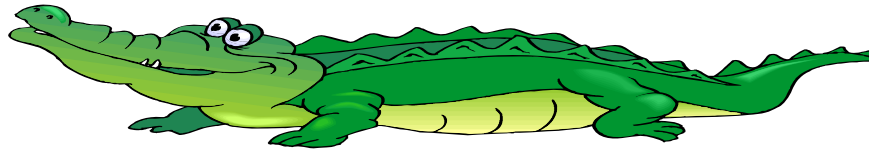
Cycling

- ☐ 1 Mile
- ☐ 5 K
- ☐ 10 K

*Age as of 12/31/06.

Teams who qualify at local games MUST PLAY TOGETHER at the State Finals.

Age of younger partner will determine age group.



Brunswick County Senior Games 2006

General Information

1. **Participant Eligibility:** Men and women 55 years and older (as of 12/31/06) and have resided in North Carolina for a minimum of 3 consecutive months during the last 12 months may participate in Senior Games. A participant's age on December 31, 2006 determines the age category in which they will compete.
2. **Registration:** Complete all blanks on the OFFICIAL ENTRY FORMS (personal data, health information, waiver, event fees) and sign. Submit FORMS including Athletic and SilverArts printed on yellow paper. Please save the remaining pages (printed on white paper) for reference.
3. **Fees:** Payment of fees, including bowling and golf must accompany the OFFICIAL ENTRY FORM. Make checks or money orders payable to **Brunswick County Senior Games**.
4. **Tee Shirt:** One shirt is provided with each paid registration. Circle the appropriate size needed. Additional shirts are \$10.00 each.
5. **SilverArts Participants:** Identify the category for your art piece. Complete all information about your entry (title, sub-category, size) and verify that it meets all applicable requirements (see attached "**Specific Sub-Category Requirements for SilverArts**"). Print your name on each page of the OFFICIAL ENTRY FORM. There is an additional charge of \$1.00 per entry for more than 10 entries.
6. **Confirmation letters:** Entry confirmation letters will be mailed to each participant on or before March 30, 2006. It is the participant's responsibility to check for any errors in event choice and event partner listings. All corrections or changes to the registration forms must be reported to Khrystye Haselden Wilson, 253-2677 by April 1, 2006. NO CHANGES will be accepted after this date.
7. **Medals:** Medals will be awarded at the **Celebration Lunch and Medals Ceremony**, held on Saturday, May 6, 2006.
8. **State Finals Information:** The 2006 Senior Games State Finals will be held in Raleigh, North Carolina, September 25– October 1, 2006. Athletes who win 1st, 2nd, 3rd place in a Sanctioned Athletic Event are eligible to participate. SilverArts participants, who win 1st and/or 2nd place in Visual and Heritage events and/or 1st in Literary and Performing Arts events are eligible to participate in the State Finals SilverArts competition. An artist may only submit one entry per subcategory to State Finals; except in Performing Arts-an artist may only have one entry per size of Act in each sub-category. SilverArts winners must submit an additional Silver Arts Information form with their Official Entry form. State Finals Official Entry forms will be distributed on May 6, 2006, at the **Celebration Lunch and Medals Ceremony**. **The deadline to enter State Finals is August 1, 2006 at 5:00 PM.**

NORTH
CAROLINA
Senior Games



This program is sanctioned by North Carolina Senior Games, Inc.
NCSG, Inc. is sponsored statewide by the
NC Division of Aging and Adult Services.

**For more info, contact Khrystye Haselden Wilson,
Brunswick County Senior Games Local Coordinator
(910) 253-2670 or 800-222-4670**

Brunswick County Senior Games 2006

Athletic Events Information

1. **Registration:** All participants and event partners must be registered. **It is each participant's responsibility to insure event partners are registered by deadline.**
2. **Event Check-In:** Participants must arrive at the event site 15 minutes before the event begins or before your scheduled event time. **Each participant MUST have a photo ID available for check-in each day at each event.** Upon arrival, please check in with the event manager.
3. **Rain Dates:** In the case of inclement weather, participants should report to the event site for information on the rescheduling of the event.
4. **Bowling Fee:** A fee of \$5.00 per event is due upon registration in addition to the \$8.00 entry fee.
5. **Golf:** A fee of \$25.00 is due upon registration in addition to the \$8.00 entry fee. Participants are required to supply their own clubs and balls. To qualify for State Finals, players must meet a minimum performance score **and** finish in the top 3 in their age group. MPS is available from your Coordinator.
6. **Swimming:** Participants are limited to 5 swimming events.
7. **Tennis:** Participants should bring their own racquet. Balls will be provided.
8. **Table Tennis:** Participants should wear solid colored clothing. No white or multi-colored clothing will be allowed.
9. **Reminder:** To promote total health and physical fitness, events of longer durations and lower intensity are strongly recommended. High-intensity types of activities are offered primarily for the conditioned, trained athlete.

FREE SENIOR GAMES PRACTICE CLINICS

Not sure about the rules for a particular sport? Interested in giving it a try but not sure how?
Attend one of the clinics below & brush up on the basics! **Or just show up for some fun!**

<u>March 6, 10-1pm</u>	<u>March 8, 10:30-1 pm</u>	<u>March 10, 10-12pm</u>	<u>March 15, 10-12 pm</u>
<u>Town Creek Park</u>	<u>Leland Sr Center</u>	<u>Oak Island Parks & Rec</u>	<u>Shallotte Sr Center</u>
Bocce	Horseshoes	Basketball Shooting	Horseshoes
Basketball Shooting	Spin Casting	Croquet	Shuffleboard
Football Throw	Shuffleboard	Horseshoes	Spin Casting
Shuffleboard	Softball Throw	Table Tennis	Football Throw
Spin Casting		Shuffleboard	
Softball Throw			
<u>March 17, 10-12 pm</u>			
<u>Shallotte Park</u>			
Croquet			
Softball Throw			
Basketball Shooting			

For more info on these FREE clinics,
call 253-2670 or toll-free 1-800-222-4790.

Brunswick County Senior Games

OFFICIAL ENTRY FORM

SILVERARTS

REMINDER: Brunswick County Senior Games will NOT be held responsible for SilverArts entries not picked up by 3:30 pm on May 6, 2006!

Artist may enter a **maximum of two (2) entries per sub-category**. Artist's name, title of entry, and subcategory must appear on, or be attached to each entry for identification.

Artist Name: _____

Visual Arts Category

Sub-Categories: Acrylics, Drawing, Pastels, Oil, Sculpture, Watercolor, Mixed Media and Photography.

Description	Sub-Category	Size
1. _____	_____	_____
2. _____	_____	_____

Heritage Arts Category

Sub-Categories: Basket Weaving, China Painting, Crocheting, Hooked Rugs (Hooked, Braided, & Woven), Jewelry, Knitting, Pottery (thrown or hand built), Needlework, Quilting, Stained Glass, Tatting and Needle Lace, Tole/Decorative Painting, Weaving, Wood Carving, and Woodworking.

Description	Sub-Category	Size
1. _____	_____	_____
2. _____	_____	_____

If entry is a "Set", give description and number of pieces: _____

Literary Arts Category

Sub-Categories: Poetry, Short story, Essay, Life Experiences. Each copy must include a **title page** with TITLE, SUB-CATEGORY, and ARTIST'S NAME centered and attached to each entry. **For judging purposes, the artist's name should appear only on the title page.**

Title	Sub-Category
1. _____	_____
2. _____	_____

Performing Arts Category

NAME OF GROUP/ACT: _____

(Use a separate sheet if you are entering more than one act/group.)

Type (circle): Vocal Dance Drama Instrumental Line Dance Other _____

Act (circle): Solo Group How many group members? ____

Length of Act: _____ minutes (3 min. max)

Equipment Requests (circle): Microphone(s) Chair(s) CD/Cassette Player Piano

Compact discs, cassette tapes and special props are the responsibility of the act/group. If using a cassette tape, a high quality copy of the tape, cued to correct music arrangement, must be submitted with the Official Entry Form. Cds/Cassettes must be picked up immediately after the Performing Arts Events.



*On a separate sheet of paper, please list names and ages (as of 12/31/06) of all performers (group members and/or accompanists). **All performers, group members and/or accompanists must be over the age of 55 and must register as SilverArts Participants.** Also on a separate sheet of paper, provide a brief statement to be used as an introduction for your act/group at the performance.

APPENDIX T SPECIFIC CATEGORY REQUIREMENTS FOR SILVERARTS

- All persons entering SilverArts must be 55 years of age or better as of December 31st, a N.C. resident for a minimum of 3 consecutive months of the calendar year, and must qualify through a Local Senior Games SilverArts program for State Finals.
- Art entry/entries incorrectly categorized by the artist, or not in compliance with NCSG Guidelines and Requirements, will not be considered in the judging process.

A. Heritage Arts

- Entries must be the work of the individual and not a group.
- Heritage Art entries must be an original work. Patterns may be used, but no stamped pieces will be accepted.
- Pottery must be hand built or thrown.
- Latch hook rugs and pieces from ceramic molds will not be accepted.
- All framed work must be securely wired, ready to be hung (no serrated hooks or string). Two-dimensional work not properly framed and wired will not be displayed.
- Framed works can be no larger than 36" x 42", including matting and frame.
- Entries can be no heavier than 50 pounds.
- All entries, except framed work, must be able to be displayed in an area 3'(W) x 3'(L) x 5'(Height).
- Groupings (sets) shall have no more than 3 separate pieces per set. All objects within each piece of the set must be contained within or attached to one of the 3 pieces of the set.
- Artist's name and title of entry must appear on, or be attached to, entry for identification.
- Artist must send a photo of entry with *State Finals Entry Form* and *SilverArts Information Form*. Photos cannot be returned.
- Artists, or their representatives, must be able to deliver and pick-up the entry at/during the designated times.
- The heritage arts piece entered at State Finals must be the same piece that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals

B. Literary Arts

- All entries must be typed, double-spaced, on 8-1/2 x 11 paper and have a minimum of 1" margins. A minimum font size is 10-point type.
- Poems can be no longer than 40 lines.
- Short stories, essays, and life experiences can be no longer than 8 pages.
- All entries must have a title page, which includes title of work, sub-category, and name of artist.
- Artist's name should not appear on the content pages.
- A **display-quality copy** of the winning Literary Arts entries, and three (3) additional photocopies, should be submitted to NCSG by the artist with their official *State Finals Entry Form* and *SilverArts Information Form*. No framed or matted entries will be accepted.
- The original and all copies will be retained by NCSG, Inc.
- The literary arts piece entered at State Finals must be the same piece that won at the Local Games.

C. Performing Arts

- An artist may only have one (1) entry per size of act in each sub-category.
- Performing entries are limited to three (3) minutes of on-stage time. Exceeding the time limit will result in automatic disqualification. Timing begins with the first note of music or the first movement visible to the audience and ends with the exit of the last performer from the stage or final movement of the act.

- Performing entries may be one of the following: (a) soloists, (b) small groups (2 - 4 performers), or (c) large groups (5 or more performers). Accompanist(s) will be counted to determine size of act. No one under age 55 will be permitted on stage and an accompanist *must* be a registered participant.
 - All performers for all acts must enter stage right and exit stage left or begin and end on the stage. See the SilverArts Manual for a stage diagram.
 - If recorded music is used, the artist/group leader must provide to NCSG by August 1st (with State Finals Entry Form and *SilverArts Information Form*) a high-quality compact disc or cassette tape for their performance. No recorded instruction is permitted. Artists should pick up their music after the performance...it will not be mailed/returned. Their music/song should be the only music on the tape/CD.
 - At State Finals, NCSG can provide the following items: Microphone(s), Piano, Compact Disc and Cassette Player. The act is responsible for all other props/equipment (including music stands, chairs, etc.) and must get NCSG advance approval for use at Show.
 - Voice presentations must be a *live* performance by the artist. Background music can be taped. Lip-synch is not permitted as a performing art.
 - The Group Leader, who must be a participant, must complete the *SilverArts Information Form* for the group and submit it with their *State Finals Entry Form*, and each member of the group must submit their own personal *State Finals Entry Form* by the August 1st deadline.
 - The performance at State Finals must be the same performance that won at the Local Games; i.e. same song, dance, music, etc.
 - No live animals are allowed, except for service animals.
- ### D. Visual Arts
- All artwork, except sculpture, must be framed, securely wired, and ready to be hung (no serrated hooks or string). Artwork, except sculpture, not properly wired will not be displayed.
 - Artwork, except sculpture, can be no larger than 36" x 42", including matting and frame.
 - Entries can be no heavier than 50 pounds.
 - Sculpture groupings (sets) may have no more than 3 pieces per grouping (set).
 - Mixed media may be a freestanding piece.
 - Freestanding entries must be able to be displayed in an area 3'(W) x 3'(L) x 5'(Height).
 - Artists, or their representatives, must be able to deliver and pick-up the entry at/during the designated times.
 - If on-site assembly is required, details must be specified on the Information Form for NCSG prior approval.
 - The art piece must be an original work, not a print.
 - Artist's name and title of entry must appear on, or be attached to, entry for identification.
 - Artist must send a photograph of entry with *State Finals Entry Form* and *SilverArts Information Form*. Photos cannot be returned.
 - The visual arts piece entered at State Finals must be the same piece that won at the Local Games.
 - An artist may only submit one (1) entry per sub-category at State Finals.

Brunswick County Senior Games 2006 Schedule of Events

Wednesday, April 5		
<i>Opening Ceremonies (including Fun Walk) & Lunch</i>	11:30 am (rain date: 4/11)	Town Creek Park, Winnabow
Basketball Shoot, Football Throw, Softball Throw, Spin Casting, Shuffleboard	12:30 pm (rain date: 4/11)	Town Creek Park, Winnabow
Thursday, April 6		
Horseshoes, Bocce, Croquet	11:30 am (rain date: 4/12)	Town Creek Park, Winnabow
Friday, April 7		
Billiards	9:00 am	Shallotte Senior Center
Monday, April 10		
Bowling-Singles	9:00 am – 12:00 pm	Brunswick Bowling Ctr, Shallotte
Tuesday, April 11		
800M Run, 1500M Run, 5K Run, 100M Dash, 200M Dash, 400M Dash	9:00 am	South Brunswick HS (Track), Southport
Discus, Shot put, Running Long Jump, Standing Long Jump	9:30 am	South Brunswick HS (Track), Southport
Thursday, April 13		
Bowling-Doubles/Mixed Doubles	9:00 am – 12:00 pm	Brunswick Bowling Ctr, Shallotte
Softball Tournament	TBA	Brunswick County Parks
Cycling	9:00 am	North Brunswick HS, Leland
Friday, April 21		
Table Tennis	9:00 am	Oak Island Parks & Recreation
Saturday, April 22		
Swimming	9:00 am	UNCW, Wilmington
Tuesday, April 25		
Golf	8:30 am-Check-in 9:00 am-Tee Off	Brierwood Golf Course
Wednesday, April 26		
Tennis-Singles	9:00 am	South Brunswick HS, Southport
3-on-3 Basketball	2:00 pm	MLK Center, Wilmington
Thursday, April 27		
Tennis-Doubles/Mixed Doubles	9:00 am	South Brunswick HS, Southport
Saturday, May 6		
<i>SilverArts</i> (Check-in entries for Heritage/Visual/Literary)	8:30 am – 9:30 am	Brunswick Community College, Student Center
Judging of entries	10:00 am - 11:30 am	BCC, Student Center
<i>Celebration Lunch and Medals Ceremony (this will include SilverArts Display & Performing Artists Entries)</i>	1:00 pm – 3:30 pm	Brunswick Community College Student Center
Pick-up SilverArts Entries	3:30 pm	BCC, Student Center

***In case of inclement weather, participants should report to event site for rescheduling.
Dates, times, and locations are subject to change.***